

Devoted to Prayer: Confession

<p style="text-align: center;"><i>Day 1</i></p> <p>Read Psalm 66:18</p> <p>Cherish means “to hold dear... to keep or cultivate with care and affection... to entertain or harbor in the mind deeply and resolutely...” (Merriam-Webster’s)</p> <p>Do you have a sin you hold dear?</p> <p>We can’t enter a discussion on confession until we first talk about sin. According to Psalm 66:18, what results from cherishing sin in our hearts?</p> <p>Our prayer life can be completely derailed by a sin we excuse, justify, or just really like. Consider today whether your cherished sin is worth the price.</p> <p>What first step can you take to change your mind about your particular sin? How can you begin to repent?</p>	<p style="text-align: center;"><i>Day 4</i></p> <p>Read Psalm 51</p> <p>David expresses godly sorrow in his heartfelt psalm seeking forgiveness. What moves God to forgive, according to David?</p> <p>Who does David say all our sins are against?</p> <p>What are the sacrifices God is looking for?</p> <p>David sought God’s forgiveness hundreds of years before Jesus’s birth, death, and resurrection. Consider God’s great grace of offering forgiveness to Old Testament saints based on future redemption. What does this reveal about God’s character?</p> <p>Make this psalm yours today. Pray it to God as your personal prayer of confession. Seek His forgiveness based on His steadfast love.</p>
<p style="text-align: center;"><i>Day 2</i></p> <p>Read Psalm 38:1-8</p> <p>List the consequences of unconfessed sin David experienced and recorded in this psalm</p> <p>Recall a time when you felt the heavy hand of God in your life because of unconfessed or hidden sin. Can you relate to what David experienced? How? What was your response?</p> <p>Was there a time you boldly sinned? Laughed and boasted over immorality? Maybe it’s where you find yourself now. A heart hardened by sin and deception feels no shame.</p> <p>Read Psalm 139:23-24</p> <p>Invite God to reveal sin in your life. Be prepared to come into agreement with Him regarding sin. Thank Him for making you tender to the conviction of the Holy Spirit. Confess. Repent.</p>	<p style="text-align: center;"><i>Day 5</i></p> <p>Read Isaiah 53:4-6</p> <p>These prophetic words of Isaiah refer to Jesus. God sent His own Son to bear our sins because we couldn’t.</p> <p>List the things He suffered.</p> <p>List the things Believers gain.</p> <p>We’ve seen the pain and consequences of hidden and unconfessed sin this week. We’ve also looked at the blessings of confession and forgiveness. Do you consider confession a painful process? Does it compare to Jesus’s pain?</p> <p>What keeps you from confessing your sins to God? To others?</p> <p>Which is greater: the pain or the blessing? The cross or the resurrection?</p>
<p style="text-align: center;"><i>Day 3</i></p> <p>Read 2Corinthians 7:9-10</p> <p>Paul describes two types of sorrow or grief over sin. What are they? And what does each lead to?</p> <p>Godly sorrow leads to repentance, the turning away from sin to live a new way. This sorrow leads to salvation and leaves no regret.</p> <p>Worldly sorrow only leaves regret. Primarily the regret of being caught, discovered, found out! This sorrow leads to death. Maybe not literal death, but death of relationships, opportunities and freedom.</p> <p>Most of us have experienced both these sorrows at one time or another in our life. Consider the consequences which resulted. Ask God to move you toward godly sorrow.</p>	<p style="text-align: center;"><i>Want to learn more?</i></p> <p>Sister Talk: Going Deeper is an extension of Sister Talk: Resuscitate Your Faith. You can find more on Confession by going to:</p> <p style="text-align: center;">SisterTalkFaith.wordpress.com</p> <p>Scroll to the bottom and search Week2/Day 3 Confession to review more information on Devoted to Prayer: Confession.</p> <p>Sign up to receive blog posts by e-mail and each day’s lesson will come straight to your inbox.</p> <p>Follow us on Instagram for encouragement along the journey at sistertalkfaith.</p>